



**SELF-HELP GROUP
DEVELOPMENT AND WOMEN'S
EMPOWERMENT VIA
RECYCLING**

Dr. F J Peter Kumar¹ & Ms S.Hepsibah²

¹Associate Professor,²Research Scholar
Karunya School of Management,
Karunya Institute of Technology and Sciences,
Coimbatore.

E-mail:¹fjpeterkumar@karunya.edu
² hepsibahs@karunya.edu.in

Abstract:

Self-help groups have a significant impact on women's economic and social empowerment. Through from this , women have established their own development. Women's engagement in further has clearly had a huge impact on the living pattern and style of disadvantaged women. Also, they are asserting their right and authority. For women empowered them at numerous levels not only as individuals, but also as family members, community members, and the society as a whole. They come together to solve their common difficulties through self-help and mutual aid. The "Self Help Group" (SHGs) scheme is more appealing and requires less effort. It is a technique for alleviating poverty and promoting

women's business and financial support in India.

The rural poor band together for self-help in order to guarantee improved economic growth, with the support of volunteer organizations. In particular, it is a well-known fact that rural women are also proving themselves as entrepreneurs are flourishing through recycling. As a result, the emergence of a huge number of self-help groups, which mobilize savings and recycle the resources generated among members. The main goals are to decrease poverty and deal with unemployment in both urban and rural areas. Thus hardly an overstatement to claim that many of them have accomplished success. Therefore, my study focuses on the personal and socioeconomic development achieved by them through recycling.

In the new economy, business success is determined by applicable skills and an entrepreneur's perspective. Everyone has a different opinion on how to succeed in business. This paper focus on to ascertain the mentalities of women who have achieved success in



entrepreneurship through garbage recycling, as well as the elements that contribute to success.

1. Introduction

1.1. Self Help Groups

A Self Help Group [SHG] is a special kind of organization whose objective is to eradicate poverty. At micro level, SHGs have shown success in providing succor to people in poverty. Particularly in India, SHGs are poised to next level of their engagement in nation building. Time has come for their involvement at macro level so that SHGs can federate and take up grand objective and big assignments. This way, the synergy available at SHGs can be collectively, utilized for speedy eradication of poverty. Of course, to make a federation of SHGs work, administration will tend to formulate rules and monitor strict adherence to these rules. Since SHGs are socially responsive organization, their governance needs to be bestowed with social ethics.

India's self-help groups are village-based financial intermediary committees that often wait a few months before having enough funds to lend. The

members or other villagers may then receive a return of the funds. Further connections between these SHGs and banks allow for the provision of micro credit. It places a strong emphasis on capacity development, activity cluster planning, infrastructure development, technology, credit, and marketing. Self Help Groups are associated of 8-20 women who participate in lending and saving activities. SHGs are created for a variety of reasons, but its main goal is to financially empower women and communities through activities such as savings and credit, as well as bank linkage schemes that provide them access to huge quantities of capital.

Women and SHGs have been successful in bringing women into the main stream of decision making in various sections of the country. In our country, SHGs have become a source of inspiration for women's welfare. SHG formation is a feasible alternative to achieving rural development objectives and obtaining community participation in all rural development programs. SHGs are also a viable organized structure for disbursing microcredit to rural women and encouraging them to collaborate on entrepreneurial



endeavors. Microfinance, Self-Help organizations (SHGs), and credit management organizations have also been established in India to alleviate poverty and empower women. A Self Help Group (SHG) is a small volunteer organization formed to form a group.

1.2. Women Empowerment

The process through which women gain control and ownership of their decisions is defined as empowerment. Empowerment is a process of raising awareness and developing capacity that leads to more involvement, greater decision-making power and control, and transformative action. Women's empowerment entails harnessing women's power by recognizing their enormous potential and encouraging them to work toward a dignified and satisfying way of life via confidence and competence as individuals with self-respect, rights, and responsibilities. Empowerment is a multifaceted process that includes various factors such as raising awareness, improving access to economic, social, and political resources, and so "Women's empowerment has recently been a major concern for nations all over the world,

particularly in impoverished and emerging countries.

The most popular definition of "Women's Empowerment" is the ability to exert complete control over one's activities. Thus, women's empowerment occurs in a genuine sense when women get higher influence and participation in decision making, which leads to better access to resources. It frequently involves the empowered growing confidence in their own abilities.

2. Purpose

- ❖ to learn about women's Personal development and socio-Economic development through recycling...
- ❖ to learn why waste reduction and recycling is important.
- ❖ to determine methods to increase recycle and reuse items.
- ❖ to establish an understanding of recycling, what can be recycled and what recycled products can be used for.

3. Methodology:

Secondary data was collected for the detailed study on the topic. Information was gathered for data gathering from newspapers, online



news applications, television news broadcasts, YouTube, journals, and books. I also used information from reports on self-help groups that were issued by many governmental and non-governmental organizations. I obtained the necessary information from women's recycling groups and various organizations.

4.Implications:

4.1 Reduction and Recycling of Self Help Groups

Recycling is the process of turning trash into new goods and resources. The recovery of energy from waste material is frequently a part of this idea. The capacity of a material to regain its original qualities determine how recyclable it is.

- ❖ It is a substitute for conventional trash disposal that helps conserve resources and lower greenhouse gas emissions.
- ❖ The reduction of waste is the main goal of recycling obsolete materials.

4.2 Increase Recycle and Reuse items with Self Help Groups.

People should be made aware of the benefits of recycling and reusing. Here are a few advantages:

- ❖ Recycling aids in environmental preservation
- ❖ Recycling aids in resource conservation
- ❖ Energy efficiency is promoted by recycling
- ❖ Recycling promotes economic growth

4.2.1 Recycling aids in environmental preservation

Recycling significantly cuts down on the quantity of rubbish we put in our landfills and burn in our incinerators.

4.2.2 Recycling aids in Resource Conservation

Take a look at this report from the Pennsylvania Department of Environmental Protection to put this advantage into perspective. Pennsylvanians saved 1.3 million tons of iron ore, 718,000 tons of coal, and 62,000 tons of limestone in 2020 by recycling more than 4.99 million tons of steel: They have saved close to 8.2 million trees by recycling newsprint, office paper, and mixed paper.



4.2.3 Energy efficiency is promoted by Recycling

In terms of energy usage, recycling is more effective than manufacturing something from fresh raw materials. This would result in a huge decrease in our energy use if implemented nationally. It takes more energy to collect, refine, and transport metal from the mine to the refinery than it does to recycle it from waste materials.

4.2.4 Recycling promotes economic growth

Every cost-saving, energy-saving, material-saving, and job-creating advantage of recycling contributes to the growth of our country's economy. Recycling is practiced everywhere. It significantly improves the economics. The industry's resiliency is demonstrated by the fact that prices for recyclables decreased when the financial crisis hit last year but prices did not.

5. Results and Discussions

- Recycling ensures materials that would otherwise be classified as waste and simply be sent to landfills, be used to make new products. Recycling, therefore,

decreases the demand for new materials and reduces the levels of pollution that will eventually be emitted by creating new items

- Recycling reduces the need to grow, harvest or extract new raw materials from the Earth. That in turn lessens the harmful disruption and damage being done to the natural world: fewer forests cut down, rivers diverted, wild animals harmed or displaced, and less pollution of water, soil and air
- Recycling allows materials that would become waste to be used as valuable resources. The recyclables that you place in your bin or take to a drop-off center end up on the market as valuable commodities that contributes significantly to the economy.
- Not only does recycling reduce landfill waste and greenhouse gases, but it also creates the opportunity for additional job industries and overall strengthens our economy. According to, "More Jobs, Less Pollution" if 75% of the nation recycled, there



would be 2.3 million more jobs available.

5. Conclusion

Women's empowerment is a requirement for a nation's progress. This study was conducted to learn about the establishment of self-help groups and women's empowerment through recycling. Women accomplish personal, social, and economic progress while proving their entrepreneurial abilities through recycling. Recycling is a well-known fact that aids in the utilization of unwanted materials. As a result, the women who were left behind improved their standard of living. They've established their dominance and won. According to the findings of my research, they are maturing into entrepreneurs through resolving personal and public issues.

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